

Most persons have disagreements in their relationships. Please indicate below the approximate extent of agreement or disagreement between you and your partner for each item on the following list:

|  | Always agree               | Almost always agree        | Occasionally disagree      | Frequently disagree        | Almost always disagree     | Always disagree            |
|--|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 1. Handling family finances                                  | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| 2. Company with friends                                      | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| 3. Appropriate behavior in other persons' company            | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| 4. Values and religious matters                              | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| 5. Ways of dealing with parents, in-laws and other relatives | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| 6. Aims, goals, and things believed important                | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| 7. Amount of time spent together                             | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| 8. Making major decisions                                    | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| 9. Household tasks   | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| 10. Leisure time activities and recreation                   | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| 11. Decisions about career and personal development          | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |

How often do you think the following situations occur between you? (Mark x in relevant square)

|  | Never                      | Less than once a month     | Once or twice a month      | Once or twice a week       | Once a day                 | More often                 |
|--|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 12. Have a stimulating exchange of ideas | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |
| 13. Laugh together                       | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |
| 14. Calmly discuss something             | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |
| 15. Work together on a project           | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |

(Mark x in relevant square)

|   | Never                      | Almost never               | Occasionally               | Often                      | Almost always              | Always                     |
|---|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 16. How often have you discussed or considered divorce/separation?                              | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| 17. In general, how often do you think that things between you and your partner are going well? | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |
| 18. Do you confide in your partner?   | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |
| 19. How often do you think your partner takes his/her responsibility?                           | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |
| 20. How often do you and your partner quarrel?  | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| 21. How often do you and your mate get on each other's nerves?                                  | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |

(Mark x in relevant square)

|   | Never                      | Almost never               | Occasionally               | Often                      | Almost always              | Always                     |
|---|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 22. How often do you listen to the expressed wishes of your partner?  | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |
| 23. How often do you misunderstand each other?  | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| 24. How often is it a problem in your relationship that you or your partner do <u>not</u> show love and appreciation? | <input type="checkbox"/> 6 | <input type="checkbox"/> 5 | <input type="checkbox"/> 4 | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| 25. How often do you experience that your partner could give you support and comfort if needed?                       | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |

(Mark x in relevant square)

|   | Never                      | Less than once a month     | Once or twice a month      | Once or twice a week       | Once a day                 | More often                 |
|---|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 26. How often do you hug your partner now?                | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |
| 27. How often do you kiss your partner?                   | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |
| 28. How often do you wish to hug and cuddle your partner? | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |

|   | Never                      | Less than<br>once a<br>month | Once or<br>twice a<br>month | Once or<br>twice a<br>week | Once a<br>day              | More<br>often              |
|---|----------------------------|------------------------------|-----------------------------|----------------------------|----------------------------|----------------------------|
| 29. How often the last 4 weeks have you and your partner been hugging and cuddling? | <input type="checkbox"/> 1 | <input type="checkbox"/> 2   | <input type="checkbox"/> 3  | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |
|   | Never                      | Almost<br>never              | Occa-<br>sionally           | Often                      | Almost<br>always           | Always                     |
| 30. How often does this (question 29) approve to your wishes?                       | <input type="checkbox"/> 1 | <input type="checkbox"/> 2   | <input type="checkbox"/> 3  | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |
|   | Never                      | Less than<br>once a<br>month | Once or<br>twice a<br>month | Once or<br>twice a<br>week | Once a<br>day              | More<br>often              |
| 31. How often do you feel sexual desire?  | <input type="checkbox"/> 1 | <input type="checkbox"/> 2   | <input type="checkbox"/> 3  | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |
| 32. How often is it a problem that one of you is too tired for sex?                 | <input type="checkbox"/> 6 | <input type="checkbox"/> 5   | <input type="checkbox"/> 4  | <input type="checkbox"/> 3 | <input type="checkbox"/> 2 | <input type="checkbox"/> 1 |
| 33. How often during the last 4 weeks have you had sex?                             | <input type="checkbox"/> 1 | <input type="checkbox"/> 2   | <input type="checkbox"/> 3  | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |
|   | Never                      | Almost<br>never              | Occa-<br>sionally           | Often                      | Almost<br>always           | Always                     |
| 34. How often does this (question 33) approve to your wishes?                       | <input type="checkbox"/> 1 | <input type="checkbox"/> 2   | <input type="checkbox"/> 3  | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |
| 35. How often do you think your partner pays attention your sexual needs?           | <input type="checkbox"/> 1 | <input type="checkbox"/> 2   | <input type="checkbox"/> 3  | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 | <input type="checkbox"/> 6 |

36. Which of the following statements best describes how you feel about the future of your relationship?

- 6 I want desperately for my relationship to succeed, and would go to almost any length to see that it does.
- 5 I want very much for my relationship to succeed, and will do all I can to see that it does.
- 4 I want very much for my relationship to succeed, and will do my fair share to see that it does.
- 3 It would be nice if my relationship succeeded, but I can't do much more than I am doing now to keep the relationship going.
- 2 It would be nice if it succeeded, but I refuse to do any more than I am doing now to keep the relationship going.
- 1 My relationship can never succeed, and there is no more that I can do to keep the relationship going.

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Quality of Dyadic Relationship (QDR) consists of the following dimensions

|                  |                  |           |
|------------------|------------------|-----------|
| Dyadic Consensus | (item 1-11)      | - 11 item |
| -"- Cohesion     | (item 12-15)     | - 4 item  |
| -"- Satisfaction | (item 16-25, 36) | -11 item  |
| -"- Sensuality   | (item 26-30)     | - 5 item  |
| -"- Sexuality    | (item 31-35)     | - 5 item  |
|                  |                  | <hr/>     |
|                  |                  | 36 item   |

#### Use of QDR36:

Determine and show both Median and Mean, as the data might not be normally distributed. Compute the sum of values in each subscale and divide them with the number of items in that scale, which gives a possible range of 1-6 in each subscale. This will give more appropriate weights to all included subscales having differing numbers of items. The means of the subscales are then summed, which gives an index of marital quality ranging between 5 and 30.

When calculating differences of values between two occasions of measurement and/or between two independent samples, the non parametric tests Wilcoxon signed Rank test and/or Mann Whitney U-test should be preferred as most correct. This as the data is on ordinal level and the categorical variables lack equal distance between the response alternatives.

Validate QDR and its subscales with factor analysis and/or Cronbach's alpha in the present study group. Please, contact the corresponding author, Tone Ahlberg, when QDR36 is used, to spread the knowledge about its validity on different study groups. This makes it possible to develop QDR, and compare marital quality between different study groups. The instrument QDR36 is also available, electronically and in a Swedish version, to download from the home page [www.toneahlborg.se](http://www.toneahlborg.se).

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