

CURRICULUM VITAE

Tone Ahlborg 50 09 29

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Workplaces as assistant professor:

100%: Institute of Health and Care Sciences, The Sahlgrenska Academy, University of Gothenburg, P.O.Box 457, SE 405 30 Gothenburg, Sweden – 2005-2015

Academic exams:

Doctor of Public Health	2004
Master of Science of Public Health	2002
Master in Nursing	1997
Bachelor in nursing	1992

Professional exams:

Nursing authorisation	1971
Midwifery authorisation	1974
Pedagogic education (1 ½ years)	1987
Sexual counsellor (nordic authorisation)	2003

Research courses:

Research courses in following subjects at Nordic School of Public Health and University of Orebro, Stockholm and Gothenburg:

Sexology, Womens health, Salutogenesis, Research Ethics, Health, stress and coping,	
Qualitative research methodology, Hermeneutics, Phenomenology	
Quantitative research methodology, Statistics and epidemiology	1998-2004

Employment:

Geriatric and pediatric nursing	1972 - 1973
Midwifery work in delivery, maternity ward, gynecological ward and health centre with family planning and care during pregnancy, (after 1986 part time)	1974 - 1994
University lecturer at Orebro University, midwifery education	1986 - 1999
Research student at Nordic School of Public Health, Gothenburg	1999 – 2004

Lecturing, development and research work at Midwifery education, Department of Nursing Education, Akershus University College, Lillestrom, Norway, part time 2005- 2008

Lecturing, development and research work at Midwifery Education, Institute of Health and Care Sciences, The Sahlgrenska Academy, University of Gothenburg, Sweden, part time 2007- 2008

Full time 2009 - still

National assignments:

Participant of Swedish Council of Midwives , 4 years as secretary 1977-1986

International assignments:

Leader of postgraduate education of midwives and doctors in family health care in Latvia
with assignment from Red cross nurse education in Stockholm 1994-1995

Project leader of development of midwifery education i Latvia 1996-1999

Received research funds:

National Board of Public Health in Sweden Year 1999 – 100.000:-

Year 2001 - 400.000:-

Pedagogic achievements:

Pedagogic education (1 ½ years) 1986-1987

Employment at Örebro University, Sweden:

Teaching in Nursing education, Midwifery education, Family Health Nursing education and
Social Care education.

Course responsibility, examination and curriculum work 1986-1999

During research education at Nordic School of Public health

Education and guidance in different courses at master level 2000-2004

University pedagogic education, postgraduate course
at Gothenburg University 15 ECTS-p. 2005-2006

Scientific guidance of doctoral students,
two days pedagogic course at Göteborg University 2006

Scientific guidance:

Guidance and examination of a number of thesis at bachelor level and one thesis at master level,
which recently has become a scientific article 1999-2007

Second mentor of the doctoral student and midwife Eli Saastad, Norway, in the thesis work about
fetal activity, quantitative and qualitative methods 2006-2009.

PUBLICATIONS**Doctoral thesis**

Ahlborg, T. (2004). *Experienced quality of the intimate relationship in first-time parents – Qualitative and quantitative studies*. Doctoral dissertation. Nordic School of Public Health, Göteborg, Sweden.

Master in Science thesis

Ahlborg, T. (2002). *First-time parents' intimate relationships – two descriptive phenomenological studies*. Licentiatavhandling, MScPH. Nordic School of Public Health, Göteborg.

Original articles within the thesis, Doctor in Public Health

-Ahlborg, T., Strandmark, M., & Dahlöf, LG. (2000). First-time parents' sexual relationships. *Scandinavian Journal of Sexology*, 3, 127-139.

-Ahlborg, T. & Strandmark, M. (2001). The baby was the focus of attention - first-time parents' experiences of their intimate relationship. *Scandinavian Journal of Caring Sciences*, 15, 318-325.

-Ahlborg, T., Dahlöf, LG., & Hallberg, L.RM. (2005). Quality of the intimate and sexual relationship in first-time parents six months after delivery. *The Journal of Sex Research*, 42(2), 167-174.

-Ahlborg, T., Persson, LO., & Hallberg, L.RM. (2005). Assessing the quality of the dyadic relationship in first-time parents: Development of a new instrument. *Journal of Family Nursing*, 11, 19-37.

-Ahlborg, T. & Strandmark, M. (2006). Factors influencing quality of the intimate relationship – First-time parents' own views and coping strategies. *Journal of Psychosomatic Obstetrics & Gynecology*, 27 (3), 163-172.

Original articles outside the thesis, Doctor in Public Health

-Ahlborg T., Rudeblad K., Linnér S, & Linton S. (2008) Sensual and sexual contentment in parents of small children – a follow-up study when first child is four years old. *Journal of Sex Research*, 45(3), 295–304.

-Ahlborg, T., Misvaer N., & Möller, A. Experienced quality of the marital relationship and social situation in parents of small children – a follow up study when first child is four years old. *Accepted for publication 30 April, 2008 by Journal of Family Nursing*.

-Saastad, E., Ahlborg, T., & Frøen, J.F. (2008) Low maternal awareness of fetal activity is associated with SGA. *Journal of Midwifery & Women's Health*, 53, 345-352.

-Ahlborg, T & Lilleengen, A.M., Lönnfjord, V., & Petersen, C. (2009) Quality of dyadic relationship in Swedish men and women living in long-term relationships and in couples of family counseling Introduction of a new self-report measure, QDR. *Nordic Psychology*, 61(3), 23-46.

-Dellve, L. & Ahlborg, T. Partner relationship and long-term sick-leave among female workers: consequences and impact on return to work. *Resubmitted July 2010*.

- Lindblom, B., Murby, L., Zotterman, C., Thorsell, P., & Ahlborg, T. (2012) Kvinnors upplevelse av hur underliv och samliv förändrats efter barnafödande - Women's Experience of changes in genitals and the intimate relationship after childbirth. *Vård i Norden, Nordic Journal of Nursing Research*, 32 (3), 13-19.

- Ahlborg, T, Berg, S & Lindvig, J. (2013). Sense of Coherence in first-time parents – a Longitudinal study. *Scandinavian Journal of Public Health*, 41, 623-629.

- Hansson, M. & Ahlborg, T. (2015). Factors contributing to separation/divorce in parents of small children in Sweden. *Nordic Psychology*, 68, 40-57.
- Nilsson, A, Bernhardsson, S. & Ahlborg, T. (2018) Use of non-medical contraceptive methods: a survey of women in western Sweden. *Journal of Contraception and Reproductive Health Care*.
<https://doi.org/10.1080/13625187.2018.1541079>

PRESENTATIONS

Referee-judged conferences, international:

Ahlborg T. First-time parents' intimate relationship. Oral presentation at *Sexual Health in the new millennium, 23th Annual Meeting with Nordic Association for Clinical Sexology, Helsingfors, Finland 22-24 Sept. 2000*

Ahlborg T. How to support first-time parents with their intimate relationship. Oral presentation at *First congress of Nurses and Midwives in Latvia, Riga, 11-12 May 2001*.

Ahlborg T. First-time parents' intimate relationship. Poster presentation vid *2nd Nordic Interdisciplinary Conference on Qualitative Methods in the Service of Health, August 9-10, 2001, Göteborg, Sweden*.

Ahlborg T. First-time parents' intimate relationship – How can we support in Primary Health Care? Oral presentation at *26:th Congress of International Confederation of Midwives in Vienna, 14-18 April 2002*.

Ahlborg T. Sensual and sexual desire and interaction, First-time parents six months after delivery, Preliminary data from a part of a major study. Oral presentation at *Annual conference of Nordic Association of Clinical Sexology in Copenhagen 30 Aug-1 Sep 2002*.

Ahlborg T. Assessing the quality of intimate relationship in first-time parents: the development of a new instrument. Oral presentation at *Vårdalinstitutet conference "Advanced health care sciences of tomorrow", Lund, 5-6 November, 2003*.

Ahlborg T. The role of sensuality and sexuality in new first-time parents. Oral presentation at *Annual conference of Nordic Association of Clinical Sexology in Göteborg 7-10 September 2006*.

Ahlborg T. Sensual and sexual contentment in parents of small children – a follow-up study when first child is four years old. *Poster-presentation at the 19th WAS World Congress for sexual Health, in Gothenburg, June 21-25, 2009*.

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